

The Ecology School

Overnight School Program Medication Procedures

9/2023

It is an honor to care for your children and we don't take that job lightly. Due to the nature programming at The Ecology School; we may have requirements above and beyond that of your school system. We want to give the best possible care, and although we can't control all circumstances we try to be prepared.

Please send all medications in the original containers. State regulations require all medication to be in their original containers so we cannot make exceptions.

Daily medications can be given four times a day breakfast, lunch, dinner, and bedtime.

No medications are allowed in the dorms, exceptions are made for rescue medications, with the appropriate self-carry consent from guardians. Please give all medication to the nurse/teacher prior to getting on the bus, do not pack them in your child's luggage.

Over-the-Counter (OTC) Medications

If your child requires a regular OTC medication while at The Ecology School please **keep all medications in their original containers**. Regulations require us to **follow the directions** on the original container and only dispense medications on our standing orders. For example, if a bottle says it's for adult use only and it is checked in for a ten-year-old, or if your camper requires a higher dosage than what is listed on the medication's directions, you will need to provide a doctor's prescription. Over the counter medications on the standing orders include: Acetaminophen, Diphenhydramine, Calcium Carbonate, Pepto Bismal, Triple antibiotic ointment, Hydrocortisone cream 1%, Lactaid, Ibuprofen, Cough Syrup, Eye Allergy relief, Loratadine, Fluticasone Propionate nasal spray, Fexofenadine HCL Tabs (Allegra), Cetirizine (Zyrtec), Dimenhydrinate (Dramamine), and Metamucil (Psyllium Fiber).

All other medications must be prescribed by your child's doctor or The Ecology School cannot dispense them.

Prescription Medications

We **cannot** administer prescription medications that are:

Expired. All medication must be currently valid.

Prescribed to other people. Medication must be prescribed to the student only and not another family member. If dispensing instructions have changed, please ensure the label is updated by the pharmacy.

Compounded or mixed at home. We can administer medicines that have been compounded or mixed by a pharmacy, but we cannot administer medicines that have been mixed or

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compounded together at home. Our nurse is unable to mix or compound medicines together. If you need this, work with your pharmacy ahead of time to bring a pharmacy mixed medicine with you.

Any question or concerns please contact The Ecology School, (207) 283-9951 or email Nurse@theecologyschool.org.