



Medical Management Plan: Student with Chronic Illness or Severe Allergy

In recognition of the uniqueness of each child, the client school, student's parents, and The Ecology School will work together to develop a management plan for each student with a chronic illness or severe allergy. Illnesses that may need special accommodation include but are not limited to: diabetes, asthma, severe allergy, physical limitations and/or epilepsy. Our goal is to provide a healthy and safe environment for all students. Below are general procedures that will need to be followed.

If your child has any of the following conditions that are considered life threatening, an **emergency action plan form** is required with all needed medications.

The Ecology School has adequate resources and adheres to policies that promote safe and appropriate administration of life-saving medications by staff and provides a supportive healthy environment that respects the abilities and needs of each student. The Ecology School has a plan for handling student emergencies and provides ongoing staff development about health issues.

1. Severe Allergies:

For life threatening allergies to foods (ex: nuts, shellfish) or allergies to medications, **1 epipen is required** as the student will only be receiving medications or food in one area near the nurse's office. The nature of The Ecology School site does not allow us to provide an allergen-free site, but The Ecology School is allergy aware. The Ecology School will work with client school and student's family to ensure the student's nutrition needs are met. The Ecology School will work with the chef to provide as much of the student's food needs as we can, but in some cases (due to availability, cost and site), it may be necessary for student's family to provide food alternatives.

If your child has a life threatening allergies to environmental allergens (ex: Bees or stinging insects) 2 epipens are required. One for the nursing office and one for the field. If your child is deemed responsible to self-carry and administer their epipen please include that in their Youth Health Form.

2. Asthma

If your child is proven to be responsible to self-carry and administer their own inhaler please write that in your child's Youth Health Form.

Two rescue inhalers are required, one in the field and one in the nursing office.

3. Seizures

Information to include in the health form are

1. When was their last seizure? 2. What triggers their seizure? 3. Does your child experience an aura before a seizure. 4. How long do seizures last? 5. What type of seizures do they have?

If your child has a seizure rescue medication (ex: VALTOCO). Seizure medication must be carried in the field by a responsible adult and a second dose kept in the nurse's office. **Two complete doses are required.**

4. Diabetes

Students with diabetes and a CGM (Continuous Glucose Monitor) will need an adult aide, (provided by the school and in agreement with their guardian) in charge of monitoring glucose alarms at night in the dorms and during class times in the field (including carrying emergency medication). Continuous glucose monitoring devices will have to be set up with the nurse and the aide on arrival. Child will report all carb calculations and dosing to the nurse, including medications for highs and lows. We don't have set menus so the child or aide must be able to calculate carbs for dosing. All sharps must go in a designated sharps container.

If the student doesn't have a CGM please contact the nurse for additional instructions.

General Responsibilities

Family's Responsibilities:

- Notify The Ecology School of the student's health management needs and diagnosis.
- Provide a written description of the student's health needs including provisions for 24-hour care and participate in the development of a plan to support the student's health needs while at The Ecology School.
- Provide authorizations for medication administration and emergency treatment.
- Communicate changes in student's needs or health status to nurse.
- Provide an adequate supply of student's medication, in pharmacy-labeled containers, and other supplies as required.
- Provide The Ecology School nurse with contact information for parent/guardian or another responsible person in case of medical problem or an emergency.

Client School's Responsibilities:

- Develop and implement protocols and established standards of care for students with chronic illnesses and allergies and adhere to federal laws that provide protection to students with disabilities.
- Clarify the roles and obligations of specific school staff to ensure that student's health needs are met in a safe and coordinated manner.

- Meet with parents, school personnel, and health care providers to address issues of concern about the provision of care to students with chronic illnesses or allergies as necessary.
- Provide The Ecology School nurse with student's 504 Plan, IEP, or other school plan as appropriate, adapted to a 24-hour residential setting and assist The Ecology School in accommodating needs as dictated by the provided plan. (This includes the provision of a 1:1 care provider as needed and 24-hour coverage for administration of emergency glucagon injection.)

The Ecology School's Responsibilities:

- Ensure the student receives prescribed medications in a safe, reliable, and effective manner and has access to needed medications.
- Be prepared to handle health needs and emergencies and to ensure that there is a staff member from client school and/or The Ecology School who is properly trained to administer medications or other immediate care regardless of time and location.
- Provide a safe and healthy school environment that promotes good general health, personal care, nutrition, and physical activity.
- Ensure proper record keeping, including appropriate measures to both protect confidentiality and to share information.
- Regularly assess and monitor child's condition.
- Work with client school staff to assure accommodations are in place for the child's well-being.
- Nurse and/or appropriate Ecology School designee will be available for phone consultation in advance of student's arrival for family and school personnel

Student's Responsibilities:

- Notify an adult about concerns and needs in managing his or her symptoms or the school environment and ensure that nurse is informed of condition.
- Participate in the care and management of his or her health as appropriate to his or her developmental level.